

Marinating in God's Word:

John 5:1-9a

To meet Jesus is to be changed. So it was in the gospels, and so it is in our lives.

For further reflection on your own or in a small group, consider these questions:

- What happens over time when we face a stubborn problem, be it physical, relational, behavioral, or whatever?
- How do you understand the relationship of mind, body, and spirit in a physical illness? In an addiction? In a sexual compulsion? In a bad habit? What resources does Jesus bring to the “stuck places” in our lives?
- Here Jesus healed a man who didn’t even seem to want it. And yet in other settings he let people walk sadly away. What do you make of that? How does the presence of Jesus change the range of our freedom?
- Have you had an experience when his grace “shoved” you toward wholeness? How did that work?